Respect (CBA 2024)



Compte: 96 Mur: 2 Niveau: Phrased Intermediate

Chorégraphe: Mark Furnell (UK) & Chris Godden (UK) - December 2023

Musique: Dreamers (Music from the FiFA World Cup Qatar 2022 Official Soundtrack) -

Jung Kook

Intro: i{ 32 }Counts, Start at approx x{ 17 }secs Sequence: s{ A, B, B (48 Counts), A, B, A, B }

Part A: 32c

SEC 1 Arm Raise, Arm Pull

1-4 Raise right arm to right side to shoulder height palm up over 4 counts

5-8 Pull right arm towards body with closed fist over 4 counts

SEC 2 Arm Raise, Arm Pull

1-4 Raise left arm to left side to shoulder height palm up over 4 counts

5-8 Pull left arm towards body with closed fist over 4 counts

SEC 3 Raise Arms, Open Arms

1-4 With left arm crossed over right raise both arms to shoulder height over 4 counts

5-8 Open both arms to respective side

SEC 4 Raise Arms, Pull Arms

1-4 Drop arms down then raise both arms up in front of body palms up over head height over 4

counts

5-8 Pull both arms down with closed fists over 4 counts

Part B: 64c

Note Second time Part B is danced omit the Arms in SEC 1 to SEC 4

SEC 1 Rock, Side Rock, Weave, Together, 1/8 Jazzbox

1& Rock right forward, recover weight onto left2& Rock right to right, recover weight onto left

3&4 Step right behind left, step left to left, cross right over left

&5-6 Step left beside right, turn 1/2 left cross right over left, step left back (10:30)

7-8 Step right to right, step left forward

Arms On count 8 take right arm to right side at shoulder height

SEC 2 Together, Hold, Back, 1/4 Side, Weave

1-2 Step right beside left, hold

Arms On count 1 place right fist on heart with closed fist

Note On second time Part B is dance, Pop both knees forward instead of Holding on count 2

3-4 Step left back, turn 1/2 right step right to right (12:00)

5-6 Cross left over right, step right to right7-8 Step left behind right, step right to right

SEC 3 Rock, Side Rock, Weave, Together, 1/8 Jazzbox

1& Rock left forward, recover weight onto right2& Rock left to left, recover weight onto right

3&4 Step left behind right, step right to right, cross left over right

&5-6 Step right beside left, turn 1/₂ right cross left over right, step right back (1:30)

7-8 Step left to left, step right forward

Arms On count 8 take right arm to right side at shoulder height

SEC 4 Together, Hold, Back, 1/8 Side, Weave

1-2 Step left beside right, hold

Arms On count 1 place right fist on heart with closed fist

Note On second time Part B is dance, Pop both knees forward instead of Holding on count 2

3-4 Step right back, turn 1/8 left step left to left (12:00)

5-6 Cross right over left, step left to left 7-8 Step right behind left, step left to left

SEC 5 Samba Step, Samba Step, Cross, ½ Hinge, Touch

1&2 Cross right over left, rock left to left, recover weight onto right 3&4 Cross left over right, rock right to right, recover weight onto left

5 Cross right over left

6-7 Turn ¼ right step left back, turn ¼ right step right to right (6:00)

8 Touch left beside right

SEC 6 Dorothy Step, Dorothy Step, Step, ½ Bounce Heels, Sweep

1-2& Step left forward to left diagonal, lock right behind left, step left forward
 3-4& Step right forward to right diagonal, lock left behind right, step right forward

*Restart Here second time Part B is danced, add the following then restart

*5 Step left to left

*6-8 Hold for 3 counts.

5 Step left forward

6-8 Turn ½ right bouncing both heels twice, sweep right from front to back (12:00)

SEC 7 Sailor Step, ¼ Sailor Step, Rock Sweep, Back Sweep, Weave

1&2 Step right behind left, step left to left, step right to right

3&4 Step left behind right, step right to right, turn ¼ left step left forward (9:00)

5-6 Rock right forward, recover weight onto left sweeping right from front to back (9:00)

7 Step right back sweeping left from front to back

Step left behind right, step right to right, cross left over right

SEC 8 Hold, Ball Touch, 1/2 Unwind, Step, 1/2 Pivot, 1/4 Side, Together Pop Knee

Hold, step right to right, touch left behind right
Unwind ½ left transferring weight on to left (3:00)

5-6 Step right forward, pivot 1/2 left transferring weight on to left (9:00)
7-8 Turn ¼ left step right to right, step left beside right popping right knee

Ending At the end of the dance on last touch, Tap right fist on heart twice

Last Update: 30 Jan 2024